







FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WATER EXERCISE SCHEDULE APRIL 1-15 2017

ACTIVITY	DAYS						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN DAY
SHALLOW/ FAM.POOL 	9:30-10:30 AM LIZ /Amina 5:45-6:30PM SHANNON V.	9:30-10:30 AM NANCY	9:30-10:30 AM SUZAN.K	9:30-10:30 AM CANDY.L	NO CLASSE	8:30-9:30 AM SAVANA	NO CLASSE
ARTHRITIS/EAM POOL 	10:30-11:30 AM SUSAN.W	NO CLASSE	10:30-11:30 AM SUSAN.W	NO CLASSE	10:30-11:30 AM JANNI	NO CLASSE	NO CLASSE
DEEP/LAP POOL 	6-7PM SUZAN K.	6-7PM SHANNON V.	NO CLASSE	6-7PM SHANE	NO CLASSE	NO CLASSE	NO CLASSE
FAMILY POOL 	NO CLASSE	NO CLASSE	5:45-6:30PM JANNI	NO CLASSE	9:30-10:30 AM JANNI	NO CLASSE	NO CLASSE

