



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WATER EXERCISE SCHEDULE APRIL 1-15 2017

DAYS ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUN DAY
SHALLOW/ FAM.POOL 	9:30-10:30 AM LIZ /Amina 5:45-6:30PM	9:30-10:30 AM NANCY	9:30-10:30 AM SUZAN.K	9:30-10:30 AM CANDY.L		8:30-9:30 AM SAVANA	
ARTHRITIS/FAM.POOL 	10:30-11:30 AM SUSAN.W		10:30-11:30 AM SUSAN.W		10:30-11:30 AM JANNI		
DEEP/LAP POOL 	6-7PM SUZAN K.	6-7PM SHANNON V.		6-7PM SHANE			
FAMILLY POOL 			5:45-6:30PM JANNI		9:30-10:30 AM JANNI		

